

This class will use Cancer Companions devotionals, videos and Bible Lessons to explore how we can draw closer to God as we go through difficult times.

Sundays, beginning September 13-November 8  
4:30-6pm on Zoom

# Seeing



# in Your Cancer Journey

## The Cancer Companions Participant Guide

Here's a look at our weekly topics:

September 13 -Introduction  
September 20 - Faith  
September 27 - Questions  
October 4 - Healing

October 11 -Prayer  
October 18 - Stress Reduction  
October 25 - Relationships  
November 1 - Communication

November 8 - Healthy Living

Questions? Contact Jean Williams, Parish Nurse at 919-834-3425, ext. 234 or [jwilliams@whitememorial.org](mailto:jwilliams@whitememorial.org) or Jim Ferry at 919-834-3425, ext 208 or [jferry@whitememorial.org](mailto:jferry@whitememorial.org)